

# A Healthy Lifestyle Offers Many Benefits...



## **SuccessFit4Life!**<sup>™</sup> Wellness Programs

Living a fast-paced, hectic and under-nourished lifestyle, it's no wonder that health care costs, absenteeism and work-related injuries have increased at such an alarming rate.

A **SuccessFit4Life!**<sup>™</sup> **WELLNESS PROGRAM** will have a positive impact on your business or organization...

### Here's what's included:



#### **CUSTOM BRANDED WEBSITE**

This personalized website is the hub for the **SuccessFit4Life!**<sup>™</sup> Program. It features a variety of health and wellness content.

The website can include a company blog that will empower employees to be engaged in the process.



#### **WELLNESS CHALLENGE PROGRAM**

This program enables you to configure ongoing wellness challenges that will meet your needs.

iOS and Android apps are included and the program integrates with popular tracking programs that include Garmin and Fitbit.



#### **BRANDED INCENTIVE PRODUCTS**

Quality, useful branded products are used as incentives for achieving goals.

These products are appreciated, enhance morale and support the overall goals of your wellness initiative.

**SuccessFit4Life!**<sup>™</sup> provides a cost-effective way for your business or organization to have happier, healthier employees.  
**Learn more about how this innovative program will benefit you...let's talk!**